



O.A.F.C.C.D.

Parent and Child Activities for May Better Speech, Language & Hearing Month

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May 2003

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>4 Listen to sounds outside. Point to where the sounds are coming from.</p> <p>5 Explore the mouth and brush the tongue and gums.</p> <p>6 Take a trip to the library. Try to read to your child everyday.</p> <p>7 Play a naming game. See who can name the most fruits, animals, etc.</p> <p>8 Find objects that rhyme like socks and locks. Talk about rhymes.</p> <p>9 Make as many animal sounds as you can.</p> <p>10 Follow a recipe and bake some cookies.</p> <p>11 Wash the dishes together. Name each item and talk about what it is used for.</p> <p>12 Try sucking applesauce through a straw.</p> <p>13 Name an animal for every letter of the alphabet.</p> <p>14 Talk about and sort items that are the same or different.</p> <p>15 Make a trumpet or drum with a cardboard roll or box. Play a song.</p> <p>16 Hum your favourite song together—talk about the changes in sound.</p> <p>17 Look in the mirror and make funny faces.</p> <p>18 Look for objects that have the same starting sound.</p> <p>19 Find objects that are opposites, like hard and soft, big and little.</p> <p>20 Fold laundry together. Talk about Big and Little - big & little socks/shirts.</p> <p>21 Cut things with scissors—paper, playdough, fabric scraps.</p> <p>22 Talk about how objects are the same and different.</p> <p>23 Make Jello. Eat it, swish it in your mouth, eat it with a fork.</p> <p>24 Do exercises together. Play balloon volleyball. Run and jump.</p> <p>25 Practice a speech sound that is hard for your child.</p> <p>26 Blow bubbles. Use long breaths or short breaths. Count them! Catch them!</p> <p>27 Name parts of the face and body.</p> <p>28 Take a walk inside and outside. Find everything that you can that is green.</p> <p>29 Play a matching game of Fish, Snap or Bingo.</p> <p>30 Sing everything. "It's time for breakfast." "Put on your shoes."</p> <p>31 Stick your tongue out, touch the corners of your mouth, or you nose.</p>						