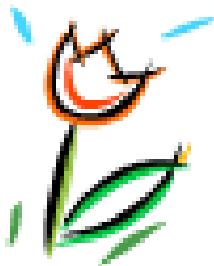


Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

NATURE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Plant some seeds in the garden or a cup.</p> <p>Explain what a seed needs to grow.</p> <p>Point to the sun and say, "That's the sun, can you say sun?"</p> <p>Do the same for water.</p>	<p>Have your child try to say: "Wiggly worms"</p> <p>Use a gummy worm while saying the words together.</p> <p>Say it as fast and slow as you can.</p> <p>Have your child find the worm on this page. Ask your child what is happening to it and to colour it.</p>	<p>PICNIC DAY</p> <p>Have a picnic outside (or inside).</p> <p>Name all the items for your picnic while your child puts them inside the basket.</p> <p>Encourage your child to name after you, the items you place in your basket.</p> <p>"Bun in the basket"</p>	<p>Spend time outside.</p> <p>Point to things you see and say their names (i.e. trees, flowers).</p> <p>Encourage your child to try to say the name of the objects.</p> <p>Collect some of the smaller objects and put them in a special box or album.</p>	<p>TULIP FESTIVAL (Netherlands)</p> <p>Look at pictures of tulips or look at them in a garden. Have your child say "Tulip", or "Flower".</p> <p>Help your child make their own tulip using egg cartons and pipe cleaners. Decorate with crayons or markers.</p>	<p>Ask your child to turn on the sink tap.</p> <p>Listen and together make the sound that water makes.</p>
					Sunday
					<p>Make a bird sound and have your child chirp back to you.</p> <p>Try out other nature sounds.</p>



Key Words

Tree, Flower, Bird

Repeat these words often during the week and give your child the opportunity to hear and say them.



Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

CANADA DAY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Draw a picture of the Canada flag.</p> <p>Have your child colour it.</p> <p>Attach a straw to one end and wave it around.</p> <p>Listen to the sound it makes when it is flapping in the air.</p>	<p>RED & WHITE DAY</p> <p>Dress up in red and white.</p> <p>Drink red and white juice, eat red and white food.</p> <p>Bake a cake and celebrate.</p> <p>Sing “Happy Birthday” to Canada..</p>	<p>Get out some of your pots and spoons and use them as drums.</p> <p>Make pattern sounds on your ‘instruments’.</p> <p>Have your child repeat them back to you.</p>	<p>Have your child find the fireworks on this page. Say, “Fireworks”, and have your child repeat you.</p> <p>Make the sound a firework makes together.</p> <p>Say, “A firework sounds like ‘Boom, Crack, Bang’, let’s say it really loud.”</p>	<p>Blow bubbles together.</p> <p>Encourage words like: “Bubble”, “Pop”, “Up”, “Down.”</p> <p>Dance around in the bubbles!!</p>	<p>Sing or hum the first line of “O Canada” together.</p> <p>Sing or hum other favourite songs.</p>
					Sunday
					<p>Read a book about Canada with your child.</p> <p>Go to the library if you don’t have one at home.</p>



Key Words

Canada, Bubble, Flag

Repeat these words often during the week and give your child the opportunity to hear and say them.



Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

TREES

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Walk outside and look at trees with your child. Look at the sizes of the trees.</p> <p>Point to a big tree and say: "That's a big tree." Spread your arms far apart to show how big.</p> <p>Encourage your child to say, "Big tree", and to spread out his/her arms.</p>	<p>Rake up some leaves into a big pile.</p> <p>Jump into the pile together.</p> <p>Talk about "Up" and "Down" with your child when you are jumping.</p> <p>Encourage your child to say, "Up" and "Down."</p>	<p>Go to an orchard or grocery store.</p> <p>Pick some apples.</p> <p>Say to your child, "Can you say apple?"</p> <p>Ask your child to colour the apple on the page after you are done eating your apples.</p>	<p>Make some pancakes or waffles.</p> <p>Put maple syrup on top.</p> <p>Say to your child: "This is syrup. Can you say syrup?"</p> <p>Talk about how the syrup feels in your mouth. Encourage your child to say, "Sticky syrup."</p>	<p>Collect leaves from outside.</p> <p>Sort them with your child by putting the big leaves in one pile and the small leaves in another pile.</p> <p>Talk about the sizes of the leaves as you sort. Encourage your child to say, "Small leaf", "Big leaf."</p>	<p>Cut out pictures of trees. Describe what you are doing: "Cut the paper. Glue the paper." Help your child glue the paper.</p>
					Sunday
					<p>Cut out pictures of trees. Have your child glue them and make a collage. Talk about the trees as you glue them.</p>



Key Words

Big, Small, Tree, Apple, Animals

Repeat these words often during the week and give your child the opportunity to hear and say them.



Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

WINTER TIME

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Get dressed to go outside. Name all the clothes that you put on your child and have your child repeat you.</p> <p>Hide one mitten or one boot from your child. Ask them to name what is missing.</p> <p>Find the mittens on this page and count them.</p>	<p>Go outside and play in the snow.</p> <p>Make snowballs together. Have your child try to say, "Snowball".</p> <p>Build small snowmen using your snowballs. Encourage your child to say, "Snowman".</p> <p>Point to the snowman on this page.</p>	<p>Try to catch snowflakes on your tongue by sticking out your tongue.</p> <p>Try to catch a snowflake. Have your child say, "Snowflake".</p> <p>Encourage your child to say words like: "Up", "Down", "Cold", "Snow".</p>	<p>Make snowflakes!</p> <p>Set out a piece of black paper and have your child make snowflakes on it using a piece of white chalk or white paint.</p> <p>Point to your child's picture and say, "Look, it's snowing!" Encourage them to say, "Snowing".</p>	<p>Go sledding outside.</p> <p>Ask your child, "Where is the sled?" Encourage them to tell you where it is.</p> <p>When you go down the hill with your child say, "Whoosh" or "Weeee". Have them repeat the sounds.</p>	<p>Make some popcorn.</p> <p>Listen to the sound of it popping. Pretend to be a kernel and then POP!</p>
					Sunday
					<p>Using marshmallows make a small snowman. Eat the snowman and talk about how it feels in your mouth.</p>

Key Words

Snow, Boots, Sled

Repeat these words often during the week and give your child the opportunity to hear and say them.



Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

EMOTIONS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Sing “If You’re Happy and You Know It”.</p> <p>Help your child to do all the actions with you. (Clap hands, Stomp feet, Shout Hooray!)</p> <p>Ask your child what he/she does when they are happy.</p>	<p>Make faces with your child.</p> <p>Make a sad face and have your child imitate you.</p> <p>Try this with happy and mad.</p> <p>Say, “This is a sad face. Can you make a sad face too?”</p>	<p>Read your favourite stories together.</p> <p>Point to people and say if they are happy, mad or sad.</p> <p>Have your child point to and say the emotion after you. Encourage your child to imitate the emotions seen.</p>	<p>LAUGHING DAY</p> <p>Tell a funny joke, tickle your child, or just laugh together.</p> <p>Try laughing in front of a window and see how fogged up it will get.</p> <p>Colour the faces on this page.</p>	<p>Draw a picture of a face. Point and name each part of the face.</p> <p>Ask your child, “Where is the mouth? Where are the ears?”</p> <p>Ask your child where all the face parts are.</p>	<p>Stand in front of a mirror and make funny faces.</p> <p>Have your child try to copy each face.</p>	
					Sunday	
					<p>Ask your child how they feel today.</p> <p>Label the emotions you see on your child’s face and imitate them.</p>	



Key Words

Mouth, Sad, Happy, Face

Repeat these words often during the week and give your child the opportunity to hear and say them.



Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

ANIMALS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Using pictures of animals, point to each animal and say its name. Have your child repeat you.</p> <p>Tell your child the sound each animal makes as you point to them and make these sounds together.</p> <p>Say: "This is a cow. Can you say 'cow'? A cow says 'Moo'."</p>	<p>Take a walk outside and look for birds and bugs.</p> <p>Try to find birds in the trees. Encourage your child to say: "Bird" and "Tree".</p> <p>Try to find bugs under rocks. Encourage your child to say: "Bug" and "Rock".</p>	<p>Talk about what animals eat.</p> <p>Take a carrot and say: "A bunny eats carrots, and so do we. Let's be bunnies and hop around."</p> <p>Name some other foods animals eat.</p> <p>Ask your child what they like to eat.</p>	<p>Tell your child how different animals move.</p> <p>Try to move like those animals.</p> <p>Say: "Frogs jump, let's jump like a frog."</p> <p>"Dogs run on all four legs, let's run like a dog."</p> <p>Encourage your child to say: "Frog jump. Dog run."</p>	<p>Sing "Old MacDonald had a Farm", with your child.</p> <p>Have your child choose which animal they want to sing about.</p> <p>Name the animals on this page. Have your child repeat after you and colour each picture.</p>	<p>Using animal crackers, sort the different animals into piles. Say the name of each animal and have your child repeat the name.</p>
					Sunday
					<p>Read books together about animals.</p> <p>Help your child name the different animals in the pictures.</p>



Key Words

Farm, Cow, Dog, Bunny

Repeat these words often during the week and give your child the opportunity to hear and say them.



Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

HELPING AROUND THE HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Bake cookies together.</p> <p>Name the ingredients while your child adds them.</p> <p>Encourage your child to say the name of the ingredients after you. "Flour in. Mix it. Sugar in."</p> <p>Decorate the cookie on this page.</p>	<p>Describe the weather to your child. Ask them if they see the sun or clouds.</p> <p>Draw a picture together of what your child saw outside.</p> <p>Name the items in the picture. "This is a sun. This is a house."</p>	<p>When your child undresses, encourage them to take off socks, shoes, and other garments by themselves.</p> <p>Name each item of clothing and have your child say the name. "Sock off."</p> <p>Put dirty clothes in the hamper together.</p>	<p>At mealtime, help your child serve him/herself.</p> <p>Ask your child: "Is the food yummy? Where is all the food going? In your tummy?"</p> <p>Name what foods they are eating, and have your child say the name after you.</p>	<p>Vacuum or sweep the house.</p> <p>Push the button on the vacuum to turn it on, and listen for the 'roar'. Or when sweeping, listen for the "Whoosh".</p> <p>Try to make that 'roar' or 'whoosh' together!</p> <p>After vacuuming colour the vacuum on this page.</p>	<p>Phone someone who is familiar to your child.</p> <p>Have your child talk or just listen with the receiver to their ear and mouth.</p>
					<p>Sunday</p> <p>Have your child help you set the table. Say the names of the dishes as your child places them on the table.</p> <p>Have your child repeat you.</p>



Key Words

Cookies, Phone, Sun, Socks

Repeat these words often during the week and give your child the opportunity to hear and say them.



Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

BUSY, FUN LEARNING

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Go outside together. Take a jar to collect bugs.</p> <p>Collect and name the bugs, have your child name the bugs after you.</p> <p>Say, "This is a cricket, can you say cricket?"</p> <p>Chirp like a cricket together.</p>	<p>Build a house out of blocks with your child.</p> <p>Use some of the blocks as people or cars.</p> <p>Talk while you build and play.</p> <p>Say, "Let's get some people for this house. Do the people need cars to drive?"</p>	<p>Talk about sizes using real objects.</p> <p>Take some blocks and point out big blocks and little blocks (measure the ones on this page too).</p> <p>Do the same with: bowls in your kitchen, containers, and balls.</p>	<p>Have your child pick a favourite toy.</p> <p>Have your child watch you hide the toy. Wait a few seconds and then ask him/her where the toy is.</p> <p>Take turns hiding the toys.</p> <p>Celebrate with cheers and clapping.</p>	<p>FOLLOW ME</p> <p>Raise your voice and arm when saying, "Up." Lower your voice and arm when saying, "Down."</p> <p>Have your child imitate you.</p> <p>Try this with other opposites: tall - short, big - small.</p>	<p>Sing "The Hokey Pokey".</p> <p>Touch each body part so your child knows which one to stick out.</p>
					Sunday
					<p>Turn on some music that has no words.</p> <p>Give your child a crayon and paper and have them draw to the music.</p>

Key Words

Bug, Up, Down

Repeat these words often during the week and give your child the opportunity to hear and say them.



Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

TRANSPORTATION

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Read books together on cars, trucks, and different types of transportation.</p> <p>Point to each vehicle and name it for your child. Encourage them to say the word after you.</p> <p>“Find the <u>truck</u> on this page.” Encourage them to say, “Truck.”</p>	<p>Get out toy vehicles, boats, trains, and planes (anything you have).</p> <p>Drive them around and make the different noises they make.</p> <p>Say, “This is a train. A train says, ‘Choo-choo’. Can you say that?”</p>	<p>Go for a walk with your child in town.</p> <p>When you come to a crosswalk point to the sign. Say, “Stop sign. Let’s stop”</p> <p>Encourage your child to say, “Stop sign.”</p>	<p>Using a big box pretend that it is a vehicle. Be creative and cut out a door and windows.</p> <p>Have your child go inside and pretend to drive.</p> <p>Push him/her around slowly in the open box.</p> <p>Make ‘motor’ sounds together.</p>	<p>Pretend to be different vehicles. Try to do actions with each vehicle.</p> <p>(Spread out your arms for a plane.)</p> <p>Ask your child to name the vehicles on this page and have them colour them in.</p>	<p>Go outside and listen to all of the noises that vehicles make.</p> <p>Try to copy some of the noises with your child.</p>
					Sunday
					<p>Sing “The Wheels on the Bus” with your child.</p> <p>Encourage your child to do the actions with the song.</p>



Key Words

Car, Boat, Plane

Repeat these words often during the week and give your child the opportunity to hear and say them.



Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

CHRISTMAS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Write a letter to Santa.</p> <p>Ask your child what they would like for Christmas and write it down.</p> <p>Trace your child's hand and have them to colour it.</p> <p>Encourage them to colour other pictures on the letter.</p>	<p>Cut out Christmas pictures or toys out of magazines, flyers and calenders.</p> <p>Give your child a glue stick and help them make a Christmas collage.</p> <p>Talk about the pictures while you work together.</p>	<p>Sing some Christmas songs together.</p> <p>Sing loud and sing softly.</p> <p>Encourage your child to listen as they sing.</p>	<p>Take a walk around the neighbourhood (maybe after dinner).</p> <p>Look at the Christmas lights and decorations on houses.</p> <p>Point out Christmas trees and lights and label them, have your child repeat you.</p>	<p>Gather up old and new Christmas cards.</p> <p>Talk about the pictures that you see on them.</p> <p>Encourage your child to say words like: "Tree, bird, snow, Santa."</p>	<p>Visit a tree farm or a place that sells Christmas trees. Talk about the sizes of the different trees (small, tall).</p>
					Sunday
					<p>Read the Christmas story together. Talk about what you see on the pages.</p>



Key Words

Toys, Lights, Cards

Repeat these words often during the week and give your child the opportunity to hear and say them.

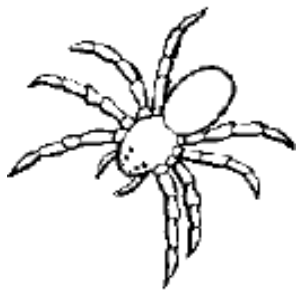


Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

HALLOWEEN

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Visit a pumpkin patch or a local store that sells pumpkins.</p> <p>Talk about the sizes of pumpkins. Say, "Look at this big pumpkin. And here is a small pumpkin. Can you say big and little pumpkin?"</p> <p>Pick one out and bring it home.</p>	<p>Cut the top of the pumpkin off that you bought yesterday.</p> <p>Have your child put their hands "in" the pumpkin and take the seeds "out". Encourage them to say, "in" and "out".</p> <p>Talk about what it feels like in your hands.</p>	<p>Carve a pumpkin with your child.</p> <p>Talk about what kind of face your child wants on the pumpkin (use the one on this page as an example). Draw it on with a marker.</p> <p>Encourage your child to name and point to the parts of the face: eyes, mouth, nose.</p>	<p>Have your child help you make green jello. As you put the ingredients in the bowl, encourage your child to say, "jello in, water in, mix jello."</p> <p>Just before the jello hardens, add gummy worms. Enjoy!</p> <p>Talk about how it feels in your mouth when you eat it.</p>	<p>Talk about different Halloween shapes (ghost, pumpkin, scarecrow).</p> <p>Make sandwiches into your favourite Halloween shape using a knife or cookie cutter.</p> <p>Label the shapes for your child and have them repeat you.</p>	<p>Have an orange and black day. Dress in orange and black clothes, eat orange and black food.</p>
					Sunday
					<p>Sing the song, "Itsy, Bitsy Spider" with your child.</p> <p>Stop part way through the song and encourage your child to continue.</p>



Key Words

Pumpkin, In, Out, Eyes, Mouth, Nose

Repeat these words often during the week and give your child the opportunity to hear and say them.



Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

EASTER / SPRING

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Have a spring clean up day.</p> <p>Choose a room in your house to clean and sort through.</p> <p>Have your child help you clean by wiping and putting things in the garbage.</p> <p>Label what you are keeping and throwing out.</p>	<p>Cut bunny ears out of cardboard (cereal boxes), and attach them to a strip of paper long enough to fit your child's head.</p> <p>Have your child colour them.</p> <p>Ask your child to find and colour the bunny on this page. Hop around the house! "Hop, hop, hop! Bunny hop!"</p>	<p>Bake Easter cookies together.</p> <p>Talk about the ingredients and have your child add them.</p> <p>"Give me the <u>flour</u>. <u>Flour</u> in the bowl. (Do this for all the ingredients.)</p> <p>Watch the cookies bake in the oven. "Wow, look at the big cookies."</p>	<p>Make an Easter bonnet / hat, using a paper plate and decorations.</p> <p>Have your child glue decorations on their hat.</p> <p>"Glue the <u>flower</u> on. <u>Flower</u> on the hat. (Do this for each decoration.)</p>	<p>Have an Easter Egg Hunt.</p> <p>Find the Easter eggs on this paper. Using real Easter eggs, hide them around the house.</p> <p>Help your child find them by saying if they are: "close, far, in, on, or under". Encourage them to tell you where they are, "Under the table."</p>	<p>Pretend to be ducks together.</p> <p>Waddle around the house, quack like a duck, peep like a duckling.</p>
					Sunday
					<p>Have an Easter Tea Party. Wear bright 'spring' colours, sip 'tea' (juice), and eat the cookies you made earlier.</p>



Key Words

Bunny, Ears, Hop, Duck, Egg

Repeat these words often during the week and give your child the opportunity to hear and say them.



Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

THANKSGIVING

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Make Playdough!</p> <p>½ cup Salt 2 Tbsp Cream of Tartar 1 pkg Kool-Aid 1 cup Boiling Water 2 Tbsp Veg. Oil 2 cups Flour</p> <p>Mix ingredients in the order listed. Knead the dough with your child.</p> <p>If it is too dry, add water. If it is too sticky, add flour.</p>	<p>Harvest Time!</p> <p>Talk with your child about different foods that are being harvested at this time of the year. (i.e. corn, apples)</p> <p>Try to visit a farm where they are harvesting these foods.</p> <p>Label the different foods</p>	<p>Read a book on Thanksgiving with your child.</p> <p>Talk about the pictures you see.</p> <p>Label different objects for your child and have them repeat you.</p> <p>Label the objects on this page and have your child repeat you.</p>	<p>Make a turkey with your child by tracing your child's hand on a piece of paper. (The thumb becomes the head and the fingers the tail feathers.)</p> <p>Decorate the turkey together. Talk about the sound a turkey makes. "Gobble Gobble." Encourage your child to repeat you.</p>	<p>Bake a pumpkin pie together.</p> <p>After the pie is cooked, try it out!</p> <p>Ask your child what it feels like in their mouth.</p> <p>Encourage your child to use phrases like: "Hot pie." "Mmm, good pie." "Mushy pie."</p>	<p>Visit a farmer's market with your child. Label all the different foods you see. Encourage your child to repeat you.</p>
					Sunday
					<p>Have a Thanksgiving Day Feast!</p> <p>Enjoy your favourite foods and celebrate your week.</p>



Key Words

Turkey, Pie, Eat, Apple

Repeat these words often during the week and give your child the opportunity to hear and say them.



Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

NEW YEAR'S

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Look through a photo album with your child or pictures that you have of the past year.</p> <p>Talk about the pictures.</p> <p>Ask your child to point to children and things.</p>	<p>Get out some bubble solution and bubble wands. Blow bubbles with your child!</p> <p>Have them blow hard and then blow soft. Have them try to pop all the bubbles.</p> <p>Encourage them to say: "Bubble pop, blow soft, blow hard."</p>	<p>Play your child's favourite tape.</p> <p>Dance and sing along to celebrate the New Year.</p> <p>Use musical instruments, or make your own, to play with the music.</p> <p>Encourage your child to say: "Noise, loud noise, blow, bang."</p>	<p>Make a Chinese New Year Dragon.</p> <p>Cut out a dragon's head using construction paper. Glue it on the bottom of a paper bag.</p> <p>Decorate your dragon. Make the puppet 'roar' like a dragon.</p> <p>Encourage your child to 'roar' with you.</p>	<p>Using empty plastic bottles make shakers with your child.</p> <p>Fill each bottle with beans, rice, pasta (anything that will make a noise.)</p> <p>Tape the lid on the bottle for safety.</p> <p>Have your child listen to the different noises. "Is the noise quiet or loud?"</p>	<p>Get in your p.j.'s. early and have a pyjama party. Have your child use their noise makers and dragon puppet.</p>
					Sunday
					<p>Plan a special New Year's Feast. Label the food you will eat and have your child repeat you. Have food you might not normally eat.</p>



Key Words

Picture, Bubbles, Blow, Hard, Soft

Repeat these words often during the week and give your child the opportunity to hear and say them.



Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

COMMUNITY HELPERS AND SAFETY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Read books on community helpers (go to the library to find more).</p> <p>Ask your child to show your common pictures, like: trucks and cars.</p> <p>Label each of the workers that you see in the pictures.</p>	<p>Visit a place where a community helper works (police station, fire station, post office)</p> <p>Ask your child to tell you what noises they hear.</p>	<p>Pretend to be different community helpers with your child.</p> <p>For a fireman pretend to drive a fire truck. Make the noise of the siren. Encourage your child to say, "I drive truck."</p> <p>For a doctor pretend to have patients. Have your child ask "How are you?"</p>	<p>Make a traffic light with your child.</p> <p>Cut out three circles-red, yellow, and green. Glue the circles onto a piece of black paper.</p> <p>Talk with your child about what each colour means. (Red-stop, yellow-be careful, and green-go.) Have your child point to the correct colours.</p>	<p>Play red light, green light with your child.</p> <p>Run, skip, jump-then when you shout, "Red Light!", your child must stand still. When they hear, "Green light!", they can start to move again.</p> <p>Switch roles.</p>	<p>Walk through your home with your child. Have your child find smoke detectors. Test each smoke detector and listen to the noise it makes. Talk about loud noises.</p>
					Sunday
					<p>Read some favourite books on safety. Have your child point to and name the pictures.</p>



Key Words

Man, Fire, Car, Truck, Lights

Repeat these words often during the week and give your child the opportunity to hear and say them.



Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

BEACH TIME

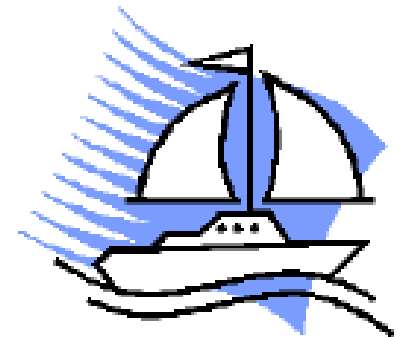
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Dress up like you are going to the beach!</p> <p>Name the clothes that your child puts on (bathing suit, hat, sandals).</p> <p>Encourage your child to repeat after you and try to say the names.</p>	<p>Talk with your child about the sun - how it feels (is it warm or cold?)</p> <p>Dance in the shadow of the sun. Stop and wait for your child to want more dancing.</p> <p>Encourage words like: "Dance more."</p>	<p>Using a glue stick, have your child cover a piece of paper with glue.</p> <p>Give your child some sand and have them sprinkle it on the paper.</p> <p>After it dries feel the piece of paper. Encourage words like: "Rough sand."</p>	<p>Eat a popsicle. Try biting, sucking, and chewing.</p> <p>Ask your child how it feels when the popsicle is in their mouth.</p>	<p>Go to the beach! (If you can't make it try it in the bathtub.)</p> <p>Swim in the water and splash each other. Try splashing with your hand, foot, and the rest of your body.</p> <p>Listen to the different sounds.</p>	<p>Using a box, pretend that it is a boat.</p> <p>Sail around your house together.</p>
					Sunday
					<p>Set up a sprinkler or a hose. Have your child walk or jump over the spraying water. Talk about how it feels.</p>



Key Words

Water, Sand, Boat

Repeat these words often during the week and give your child the opportunity to hear and say them.



Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

WATER ANIMALS

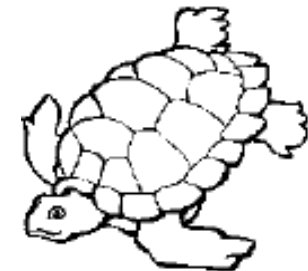
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Introduce water animals to your child by showing them pictures or books.</p> <p>For each animal point to it and say it's name. Then encourage your child to repeat the name after you.</p>	<p>Visit a pet store.</p> <p>Go to the fish section and look at the different fish.</p> <p>Say the name of the fish that you see and have your child say it after you.</p> <p>Have your child listen to the sounds of the aquariums. Try to 'gurgle' with them.</p>	<p>Pretend to be a fish. Open and close your mouth like a fish.</p> <p>"Swim" around your house.</p> <p>Think of different things that fish can do and have your child try to do those actions.</p>	<p>Be an octopus!</p> <p>Have your child sit on your lap. Using all four limbs (arms & legs) wave them around.</p> <p>Count to (or with) your child to see how many octopus 'legs' you have.</p>	<p>BATH TIME</p> <p>At bath time encourage your child to blow bubbles in the water.</p> <p>Encourage them to say, "Blow bubbles."</p> <p>Ask them to swim like a fish. Have them say, "Fish swim."</p>	<p>Play with Goldfish crackers. Make some soup. Listen to the sound they make when you eat them when they are in the soup or when they are dry.</p>
					<p>Sunday</p> <p>Go to a pond, river, or any body of water. See what animals you can find. Say the animals names and have your child repeat you.</p>



Key Words

Fish, Bubbles, Turtle

Repeat these words often during the week and give your child the opportunity to hear and say them.



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TEDDY BEARS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Try out this action game.</p> <p>“Teddy bear, Teddy bear, turn around. Teddy bear, Teddy bear, touch the ground. Teddy bear, Teddy bear, reach up high. Teddy bear, Teddy bear, reach for the sky!”</p> <p>Have your child do the actions. Encourage them to say, “Teddy bear, Teddy bear.”</p>	<p>Make a teddy bear puppet using a paper lunch bag and construction paper.</p> <p>Draw and cut out a teddy bear face. Have your child glue it onto the bottom of the bag, forming a puppet.</p> <p>Make another one for yourself and have a puppet play!</p>	<p>Take a walk to the park with your child’s favourite teddy bear.</p> <p>Play “I Spy with My Little Eye” together.</p> <p>For example, “I spy with my little eye, something we can sit on. [A picnic table]”</p>	<p>Go to the library or choose a book from home about bears. (Brown Bear, Brown Bear; Bearenstein Bears)</p> <p>Read it together and have your child say the names of the different animals they see.</p>	<p>Say this little rhyme with your child:</p> <p>“Fuzzy Wuzzy was a bear. Fuzzy Wuzzy lost his hair. Then Fuzzy Wuzzy wasn’t fuzzy - was he?</p> <p>Encourage your child to say, “Fuzzy Wuzzy”.</p>	<p>Have a teddy bear picnic with your teddies.</p> <p>Talk with your teddies about the food you are eating.</p>
					<p>Sunday</p> <p>Eat some gummy bears or teddy grams.</p> <p>Count out five with your child before you eat them.</p>



Key Words

Teddy Bear, Book, Fuzzy Wuzzy

Repeat these words often during the week and give your child the opportunity to hear and say them.

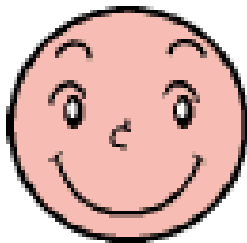


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FOOD AND OUR FIVE SENSES

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Go through old magazines or flyers with your child. Help your child cut out pictures of food.</p> <p>Make a collage with the pictures.</p> <p>Label all the food you see and encourage your child to repeat the words after you.</p>	<p>Go to the grocery store and buy a piece of fruit or a vegetable that you would not normally buy.</p> <p>Take it home and taste it with your child.</p> <p>Say, "Is it yummy? Does it feel cold or warm? Where is your food going?"</p>	<p>With your child point to and name eyes, ears, nose, mouth and hands.</p> <p>Play "I Spy with My Little Eye" using their different body parts.</p> <p>Say, "I spy with my little eye your nose. Where's your nose, point to your nose."</p>	<p>Make a "feely can." (An empty coffee tin works well.)</p> <p>Put a favourite toy in the can. Have your child feel the toy (without looking), describe it, and try to guess what it is.</p> <p>Let your child pick an item to put in the can and have you try and guess.</p>	<p>Take the spices out of your cupboard.</p> <p>Have your child smell each one. Ask them how it smells.</p> <p>Say, "Does it smell good or yucky?"</p>	<p>Get out some musical instruments (or pots and spoons). Play loudly and softly. Encourage your child to listen for the difference.</p>
					Sunday
					<p>Read "Hungry, Hungry Caterpillar" Talk with your child about all the different foods the caterpillar ate.</p>



Key Words

Eyes, Ears, Nose, Mouth, Hands

Repeat these words often during the week and give your child the opportunity to hear and say them.



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ME AND MY FAMILY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Stand in front of a mirror with your child.</p> <p>Talk about what is different (or the same) about you.</p> <p>Say, “Who do you think is bigger? Who has longer hair? Who laughs the hardest when they are tickled?”</p> <p>Tickle your child.</p>	<p>Have your child lay down on a large piece of paper.</p> <p>Trace around your child. While you are tracing say what you are doing: “Now we’re going around your feet, up your side....”</p> <p>Have them repeat their body parts.</p> <p>Colour your child’s body picture together.</p>	<p>Go for a walk with your child.</p> <p>Collect a rock for each member of the family.</p> <p>Using paint or markers decorate your rocks.</p>	<p>Play house with some dolls.</p> <p>Ask your child, “Who will be the daddy? Where is the mommy? Is there going to be a baby?”</p> <p>Try to go through a regular morning or day with using your dolls. (Have breakfast, take a bath, etc.)</p>	<p>Recite this family fingerplay with your child:</p> <p>“This is a family (hold up a hand) Lets’s count them and see, How many there are. And who they can be.”(count fingers)</p> <p>Encourage your child to do the actions and count with you.</p>	<p>Get out photo albums. Sit with your child and look at pictures. Talk about who the people are in the pictures.</p>
					Sunday
					<p>Read a book that has a family in it.</p> <p>Talk about that family and your own family.</p>



Key Words

Family, Me, Baby

Repeat these words often during the week and give your child the opportunity to hear and say them.

