

Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

HELPING AROUND THE HOUSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Bake cookies together.</p> <p>Have your child add and mix ingredients.</p> <p>Help them name all the ingredients while they are adding them.</p> <p>Say: "Do you know what this white, powdery stuff is?" [Flour]</p>	<p>Have your child help you describe the weather.</p> <p>Say: "Do you think that it is sunny or cloudy out today? Hot or cold?"</p> <p>Draw pictures of the weather for each day.</p>	<p>When your child undresses, encourage them to take off socks, shoes, and other garments by themselves.</p> <p>Have your child name each item of clothing, dump dirty clothes in the hamper, and hang the clean clothes up.</p>	<p>At mealtime, have your child serve him/herself.</p> <p>Talk about how the food tastes, and ask them what it feels like in their mouth.</p> <p>Name what foods you are eating.</p> <p>Ask them if it is sweet or sour.</p>	<p>Vacuum or sweep a room together.</p> <p>Have your child plug in the vacuum cleaner and listen for the 'roar'. Or when sweeping listen for the "Whoosh" sound.</p> <p>Have them colour the vacuum on this page the same colour as your vacuum.</p>	<p>Phone someone who is familiar to your child.</p> <p>Encourage your child to talk and listen while on the phone.</p>
					Sunday
					<p>Wash the dishes together. Have your child sort out the cutlery and put them in the right section of the drawer, while s/he is naming them.</p>



Key Words

Socks, Shoes, Vacuum

Repeat these words often during the week and give your child the opportunity to hear and say them.

