

Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

EMOTIONS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Sing "If You're Happy and You Know It".</p> <p>Help your child to do all the actions with you. (Clap hands, Stomp feet, Shout Hooray!)</p> <p>Ask your child what he/she does when they are happy.</p>	<p>Make faces with your child.</p> <p>Make a sad face and have your child imitate you.</p> <p>Try this with happy and mad.</p> <p>Say, "This is a sad face. Can you make a sad face too?"</p>	<p>Read your favourite stories together.</p> <p>Point to people and say if they are happy, mad or sad.</p> <p>Have your child point to and say the emotion after you. Encourage your child to imitate the emotions seen.</p>	<p>LAUGHING DAY</p> <p>Tell a funny joke, tickle your child, or just laugh together.</p> <p>Try laughing in front of a window and see how fogged up it will get.</p> <p>Colour the faces on this page.</p>	<p>Draw a picture of a face. Point and name each part of the face.</p> <p>Ask your child, "Where is the mouth? Where are the ears?"</p> <p>Ask your child where all the face parts are.</p>	<p>Stand in front of a mirror and make funny faces.</p> <p>Have your child try to copy each face.</p>	
					Sunday	
					<p>Ask your child how they feel today.</p> <p>Label the emotions you see on your child's face and imitate them.</p>	



Key Words

Mouth, Sad, Happy, Face

Repeat these words often during the week and give your child the opportunity to hear and say them.

