

Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

WINTER TIME

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Get dressed to go outside.</p> <p>Together name all the clothes you put on to keep you warm in the winter.</p> <p>Say, “What do we wear to keep our feet warm? - Boots”.</p> <p>Take one item of clothing away. Ask your child what is missing.</p>	<p>Go outside and play in the snow.</p> <p>Build people or animals in the snow. Talk about what you are building together. Use words like: “On”, “Under”, and “In”.</p> <p>Spray paint your snow people or animals using spray bottles with coloured water inside.</p>	<p>Try to catch snowflakes on your tongue by sticking out your tongue.</p> <p>Talk about how the snow feels.</p> <p>Using a black piece of paper, try to catch the snow and look at the patterns in each flake. Encourage your child to count the snowflakes.</p>	<p>Make a snowflake. Cut out a circle and help your child fold it 3 times.</p> <p>Help your child cut small pieces out of the sides.</p> <p>Ask him/her what shapes they are cutting out.</p> <p>Unfold it and hang it up.</p>	<p>Go tobogganing.</p> <p>Make a noise while going down the hill with your child.</p> <p>Ask your child what sound they heard when they went down the hill.</p> <p>Say, “Do you hear a ‘Whoosh’ sound when you go fast?”</p>	<p>Make some popcorn.</p> <p>Listen to the sound of it popping. Pretend to be a kernel and then POP!</p>
					Sunday
					<p>Make hot chocolate.</p> <p>Talk about how it feels when you drink it. “It feels warm in my tummy.”</p>



Key Words

Winter, Snowflake, POP

Repeat these words often during the week and give your child the opportunity to hear and say them.

