

# Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

## WINTER TIME

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Get dressed to go outside.</p> <p>Encourage your child to name all the clothes they put on to keep them warm in the winter.</p> <p>Say, “What are those things you are putting on your feet?”</p> <p>[“Boots”]</p>	<p>Go outside and play in the snow.</p> <p>Build people or animals in the snow. Talk about what you are building.</p> <p>Spray paint your snow people or animals using spray bottles with coloured water inside. Name the colours as you spray.</p>	<p>Try to catch snowflakes on your tongue by sticking out your tongue.</p> <p>Talk about how the snow feels. (If it is not snowing than just pretend.)</p> <p>Using a black piece of paper, try to catch the snow and talk about the patterns in each flake.</p>	<p>Make a snowflake. Cut out a circle and have your child fold it 3 times.</p> <p>Using scissors, have your child cut small pieces out of the sides.</p> <p>Unfold it and hang it up.</p> <p>Ask your child where snow comes from, talk about it.</p>	<p>Go tobogganing.</p> <p>Try to go slowly down the hill and then fast.</p> <p>Ask your child what sound they hear when they go fast.</p> <p>Have your child draw a picture of their sled.</p>	<p>Make some popcorn.</p> <p>Listen to the sound of it popping. Pretend to be a kernel and then POP!</p>
					<b>Sunday</b>
					<p>Make hot chocolate. Talk about how it feels when you drink it. Have your child count the number of marshmallows that they put in their drink.</p>



**Key Words**

Cold, Tobogganing, Snowman

Repeat these words often during the week and give your child the opportunity to hear and say them.

