

# Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

## ME AND MY FAMILY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Stand in front of a mirror with your child.</p> <p>Talk about what is different (or the same) about you.</p> <p>Say, "Who do you think is bigger? Who has longer hair? Who laughs the hardest when they are tickled?"</p> <p>Tickle your child.</p>	<p>Have your child lay down on a large piece of paper.</p> <p>Trace around your child. While you are tracing say what you are doing: "Now we're going around your feet, up your side...."</p> <p>Have them repeat their body parts.</p> <p>Colour your child's body picture together.</p>	<p>Go for a walk with your child.</p> <p>Collect a rock for each member of the family.</p> <p>Using paint or markers decorate your rocks.</p>	<p>Play house with some dolls.</p> <p>Ask your child, "Who will be the daddy? Where is the mommy? Is there going to be a baby?"</p> <p>Try to go through a regular morning or day with using your dolls. (Have breakfast, take a bath, etc.)</p>	<p>Recite this family fingerplay with your child:</p> <p>"This is a family (hold up a hand) Lets's count them and see, How many there are. And who they can be." (count fingers)</p> <p>Encourage your child to do the actions and count with you.</p>	<p>Get out photo albums. Sit with your child and look at pictures. Talk about who the people are in the pictures.</p>
					Sunday
					<p>Read a book that has a family in it.</p> <p>Talk about that family and your own family.</p>



### Key Words

Family, Me, Baby

Repeat these words often during the week and give your child the opportunity to hear and say them.

