



PRESCHOOLER



Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

ME AND MY FAMILY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Stand in front of a mirror with your child.</p> <p>Talk to your child about what is different (or the same) about you.</p> <p>Say, "Who do you think is taller? What colour is our hair? How many toes do we have?"</p>	<p>Have your child lay down on a large piece of paper.</p> <p>Trace around your child.</p> <p>Let your child draw his or her face and clothing onto their body picture. Talk with your child about the colour of his clothes, hair, eyes, and skin.</p>	<p>Go for a walk with your child.</p> <p>Collect a rock for each member of the family. Try to find a different size for each person.</p> <p>Using paint or markers decorate your rocks.</p> <p>Talk about the rocks you are decorating with your child.</p>	<p>Play house with some dolls.</p> <p>Ask your child, "Who will be the daddy? Where is the mommy? Is there going to be a baby?"</p> <p>Have your child go through his morning or day with his dolls. (Have breakfast, take a bath, etc.)</p>	<p>Recite this family fingerplay with your child:</p> <p>"This is a family (hold up a hand) Lets's count them and see, How many there are. And who they can be." (count fingers)</p> <p>Encourage your child to do the actions and count with you.</p>	<p>Get out photo albums. Sit with your child and look at pictures. Talk about what people are in the pictures.</p>
					Sunday
					<p>Plan a special family dinner. Let each person pick a favourite food to have for the feast.</p> <p>Eat by candlelight.</p>



Key Words

Mom, Dad, Sister, Brother

Repeat these words often during the week and give your child the opportunity to hear and say them.

