

Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

BEACH TIME

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Dress up and pretend you are going to the beach!</p> <p>Have your child name the clothes that they are putting on (bathing suit, hat, sandals).</p> <p>Encourage them to name the different colours on their clothes.</p> <p>Don't forget your funky shades (glasses).</p>	<p>Talk with your child about the sun.</p> <p>Say, "What colour is the sun? Does it feel nice on your skin?"</p> <p>Have your child draw a picture of the sun.</p> <p>Talk about wearing sun block. Put it on before you go outside.</p> <p>"Does it feel slippery and cold?"</p>	<p>Using a glue stick, have your child cover a piece of paper with glue.</p> <p>Give your child some sand and have them sprinkle it on the paper.</p> <p>After it dries feel the piece of paper and talk about how it feels.</p> <p>"Is the picture rough or smooth?"</p>	<p>Eat a popsicle. Try biting, sucking, and chewing.</p> <p>Ask your child how it feels when the popsicle is in their mouth.</p>	<p>Go to the beach! (If you can't make it try it in the bathtub.)</p> <p>Swim in the water and splash each other. Try splashing with your hand, foot, and the rest of your body.</p> <p>"Can you blow bubbles in the water?"</p>	<p>Using a box, pretend that it is a boat. Help your child decorate your boat. Pretend to be sailors and sail around your house.</p>
					Sunday
					<p>Set up a sprinkler or a hose. Have your child walk and jump over the water. Pretend to be different water animals.</p>



Key Words

Beach, Bathing Suit, Wet, Dry

Repeat these words often during the week and give your child the opportunity to hear and say them.

