

Communicating for Fun

Parent and Child Activities to Promote Better Speech, Language and Hearing

BEACH TIME

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Dress up like you are going to the beach!</p> <p>Have your child name the clothes that they are putting on (bathing suit, hat, sandals).</p> <p>Encourage them to name the different colours on their clothes.</p> <p>Don't forget your funky shades (glasses).</p>	<p>Talk with your child about the sun - the colour and how it feels.</p> <p>Have your child draw a picture of the sun.</p> <p>Ask your child, "What do you put on your skin so that the sun will not hurt you?"</p> <p>Put on some sun block. How does it feel?</p>	<p>Using a glue stick, have your child cover the bottom of a piece of paper with glue. Then have them sprinkle some sand on the glue.</p> <p>After it dries feel the piece of paper and talk about how it feels.</p>	<p>Eat a popsicle. Try biting, sucking, and chewing.</p> <p>Ask your child how it feels when the popsicle is in their mouth.</p> <p>Encourage your child to come up with different sounds while eating their popsicle (slurping, biting, sucking).</p>	<p>Go to the beach! (If you can't make it try it in the bathtub.)</p> <p>Throw a ball to each other and count how many times you can catch the ball without dropping it.</p> <p>Listen for the sound the ball makes when it hits the water.</p>	<p>Using a box, make a boat with your child.</p> <p>Colour or decorate theirs to look like a real boat.</p> <p>Pretend to sail to a special place.</p>
					Sunday
					<p>Set up a sprinkler or a hose. Have your child walk and jump over the water. Pretend to be different water animals.</p>



Key Words

Sun Block, Slurping, Splash

Repeat these words often during the week and give your child the opportunity to hear and say them.

